

**MAZUR-MAZURKA:**

**THE BRILLIANT  
GLORIOUS DANCE**

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**FORWORD**

The title, **MAZUR-MAZURKA: THE BRILLIANT DANCE**, is a compendium or a catch-all title for the following works, contained herein, dealing with the Mazur-Mazurka Dance:

**MAZUR: THE ELEGANT POLISH RUNNING-SLIDING DANCE**

**POLISH MAZUR-MAZURKA DANCE MANUALS**

**SUPPLEMENTAL POLISH MAZUR-MAZURKA SOURCES**

**RUSSIAN MAZUR-MAZURKA DANCE MANUALS**

**SUPPLEMENTAL RUSSIAN MAZUR-MAZURKA SOURCES**

**GERMAN MAZUR-MAZURKA DANCE MANUALS**

**SUPPLEMENTAL GERMAN MAZUR-MAZURKA SOURCES**

**SUPPLEMENTAL ENGLISH MAZUR-MAZURKA SOURCES**

**SUPPLEMENTAL FRENCH MAZUR-MAZURKA SOURCES**

**SUPPLEMENTAL AUSTRIAN MAZUR-MAZURKA SOURCES**

**SUPPLEMENTAL ITALIAN MAZUR-MAZURKA SOURCES**

**SUPPLEMENTAL SWEDISH MAZUR-MAZURKA SOURCES**

**THE ELEMENTS OF AND THEIR COMBINATION IN FIGURES FOR  
POLISH FIGURE DANCING**

**THE MAZUR-MAZURKA DANCE FIGURES WORKBOOK**

**THE MAZUR-MAZURKA DANCE FIGURES AUDIO INSTRUCTIONS**

**SUPPLEMENTAL HOŁUBIEC COUPLE-TURN SOURCES**

**SOME MISCELLANEOUS NOTES, FRAGMENTS, ETC.  
ABOUT THE SLIDING-GLIDING MAZUR STEP: FINALLY DONE**

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The works above are listed in order of their general importance although this is not true for the last two items on the list. Having said this, one need only study from the above list, the *Mazur: The Elegant Polish Running-Sliding Dance*, *Polish Mazur-Mazurka*, *Polish Supplements*, *Polish Sources*, the *Figures Workbook* and the *Miscellaneous Notes* along with the Russian Supplements to have a full and complete appreciation of the Dance, as well as the possibility of achieving mastery of the Dance.

We strongly suggest that the reader start with *Mazur: The Elegant Polish Running-Sliding Dance*—in fact, one should continually refer back to it.

As of this writing, *The Mazur-Mazurka Dance Figures Audio Instructions*, do not exist in book form. They are a series of audio-tapes which describe in the English language each figure-sequence, that is, the complete choreographies for almost 300 hundred Contemporary Social Ballroom and Stage choreographies. This is about forty hours of verbal instructions—a real treat for Polish Dance Lovers. (To obtain these tapes contact the present author.)